



**JANUARY 21ST**

**7:00PM**

**TEEN CAFÉ: UNDER  
PRESSURE**

This Cafe is for Teens ONLY and is an opportunity for teens to come together and talk about the pressures we face. Sometimes we are too afraid to ask for help or let people know we feel overwhelmed. Why do we do this? Is it good for us? Join us for this virtual event where all teens are welcome. Feel free to participate as much as you want or just listen to others, this is a judgement free space.

## VIRTUAL EVENT

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ALL TEENS  
WELCOME

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YOU ARE NOT  
ALONE

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JOIN THE  
CONVERSATION

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BUILD  
RELATIONSHIPS

## ZOOM EVENT

MEETING ID:  
865 6856 1271  
PASSCODE  
pressure

Hosted By:  
Collaborative Change  
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