



Trauma Informed Resources for Your Ministry or Organization

Books

- ✚ *Hiding in the Pews: Shining the Light on Mental Illness in the Church* by Steve Austin
- ✚ *The Body Keeps The Score: Brain, Mind and Body in the Healing of Trauma* by Bessel van der Kolk, MD
- ✚ *Trauma-Sensitive Theology: Thinking Theologically in the Era of Trauma* by Jennifer Baldwin
- ✚ *Childhood Disrupted: How Your Biography Becomes Your Biology, and How You Can Heal* by Donna Jackson Nakazawa
- ✚ *It Didn't Start with You: How Inherited Family Trauma Shapes Who We Are and How to End the Cycle* by Mark Wolynn

Websites

- ✚ <https://www.cdc.gov/violenceprevention/aces/index.html>
- ✚ Find Your Aces Score: <https://www.npr.org/sections/health-shots/2015/03/02/387007941/take-the-ace-quiz-and-learn-what-it-does-and-doesnt-mean>
- ✚ <https://www.acesaware.org/resources/>
- ✚ <http://www.intermountainministry.org/wp-content/uploads/2012/11/List-of-Resources-for-Churches-interested-in-learning-more-about-ACEs.pdf>
- ✚ <https://acestoohigh.com/aces-101/>
- ✚ <https://www.pacesconnection.com/>
- ✚ <https://worship.calvin.edu/resources/resource-library/becoming-a-trauma-informed-faith-community/>
- ✚ <https://trcutah.org/faitH-leaders>
- ✚ <https://www.nctsn.org/trauma-informed-care/secondary-traumatic-stress/nctsn-resources>
- ✚ <https://www.soulshpherdHng.org/vicarHous-trauma-in-ministry/>